



icmr **RMRCBB**
INDIAN COUNCIL OF
MEDICAL RESEARCH REGIONAL MEDICAL RESEARCH
CENTRE, BHUBANESWAR

Monday Morning

ICMR-Regional Medical Research Centre, Bhubaneswar Library & Information Division

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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“It is the mark of an educated mind to be able to entertain a thought without accepting it”

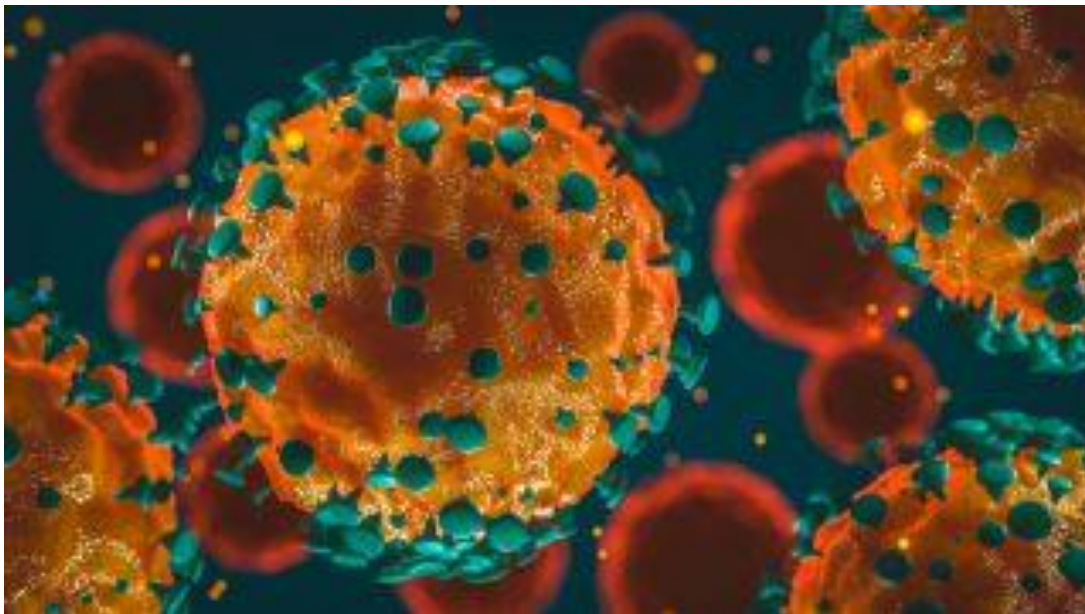
– Aristotle

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Adyasa Bhoi & Suryajit Samal (Lib. Trainee)

A US coronavirus outbreak is almost inevitable.



The CDC has said we need to prepare for a widespread COVID-19 outbreak. How?

<https://www.livescience.com/coronavirus-epidemic-how-to-prepare.html>

1. The Lancet Public Health: Study estimates mental health impact of welfare reform, Universal Credit, in Great Britain

Nine-year observational study suggests roll out of Universal Credit across England, Wales, and Scotland linked to increase in mental health problems among unemployed recipients within all social groups. For more details, click on the below link.

https://www.eurekalert.org/pub_releases/2020-02/tl-pss022620.php

2. How will the coronavirus outbreak end?

Experts say one possibility is that cases of the disease will start decreasing when enough people develop immunity, either through infection or vaccination. Another possible scenario is that the virus will continue to circulate and establish itself as a common respiratory virus. For more details, click on the below link.

<https://www.livescience.com/coronavirus-outbreak-end.html>

3. Fine particle air pollution linked with poor kidney health

It's known that breathing in air pollution can have detrimental health effects beyond the lungs, but few studies have shown how it impacts the kidneys, which act as filters for the blood. For more details, click on the below link.

https://www.eurekalert.org/pub_releases/2020-02/ason-fpa022020.php

4. How caloric restriction prevents negative effects of aging in cells

If you want to reduce levels of inflammation throughout your body, delay the onset of age-related diseases, and live longer eat less food. For more details, click on the below link.

<https://www.sciencedaily.com/releases/2020/02/200227144259.htm>

5. Transverse arch may play an important role in stiffness of the human foot

Walking and running subjects our feet to forces in excess of body weight. The longitudinal arch of the feet was thought to be the reason the feet do not deform under such load. For more details, click on the below link.

<https://www.news-medical.net/news/20200226/Transverse-arch-may-play-an-important-role-in-stiffness-of-the-human-foot.aspx>

E- CAS (Current Awareness Service)



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CENTRE, BHUBANESWAR

Monday Morning team
Library & Information Division
ICMR-Regional Medical Research Centre
Bhubaneswar- 751023, ODISHA,
E- Mail: drbsahoo@gmail.com, Tel: 9438182087