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INDIAN COUNCIL OF
MEDICAL RESEARCH | REGIONAL MEDICAL RESEARCH
CENTRE, BHUBANESWAR

Monday Morning

ICMR-Regional Medical Research Centre, Bhubaneswar Library & Information Division

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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"Education is not preparation for life; education is life itself."

John Dewey

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Adyasa Bhoi & Suryajit Samal (Lib. Trainee)

Earthquake-like brain-wave bursts found to be essential for healthy sleep.



Findings link healthy sleep to brain-wave bursts that mathematically mimic earthquakes.

https://www.eurekalert.org/pub_releases/2019-11/p-ebb110719.php

1. Genetic variation in individual brain cell types may predict disease risk.

Researchers are now finding particular genetic variations in some of these non-coding regulatory regions, called enhancers, determine whether or not proteins are expressed in specific cell types in the brain and may play a role in a person's risk of developing psychiatric or neurological conditions. For more details, click on the below link.

https://www.eurekalert.org/pub_releases/2019-11/uoc--gvi11419.php

2. Make Ebola a thing of the past': first vaccine against deadly virus approved.

The drug, which has already been given to hundreds of thousands of people in the Democratic Republic of the Congo, can now be distributed more widely. For more details, click on the below link.

<https://www.nature.com/articles/d41586-019-03490-8>

3. Man's 'Glowing' Iris Was a Sign of Rare Eye Syndrome.

A man's eye exam showed something unusual. His iris appeared to be "glowing." This eerie appearance turned out to be a sign of a rare disorder that caused his eye pigment to flake off, according to a new report of the case.. For more details, click on the below link.

<https://www.livescience.com/iris-glow-pigment-dispersion-syndrome.html>

4. People who cannot read may be three times as likely to develop dementia.

New research has found that people who are illiterate, meaning they never learned to read or write, may have nearly three times greater risk of developing dementia than people who can read and write. For more details, click on the below link.

<https://www.sciencedaily.com/releases/2019/11/191114180033.htm>

5. Diabetes: Why some anti-inflammatories may increase risk.

Doctors prescribe anti-inflammatory drugs long or short term to treat a range of conditions from allergies to arthritis. But could some of these drugs actually increase the risk for another chronic condition — diabetes? For more details, click on the below link.

<https://www.medicalnewstoday.com/articles/326999.php#1>

E- CAS (Current Awareness Service)



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