



ICMR-Regional Medical Research Centre, Bhubaneswar Library & Information Division

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

VOL 4#43

04th November

2019

"Manpower without unity is not a strength."

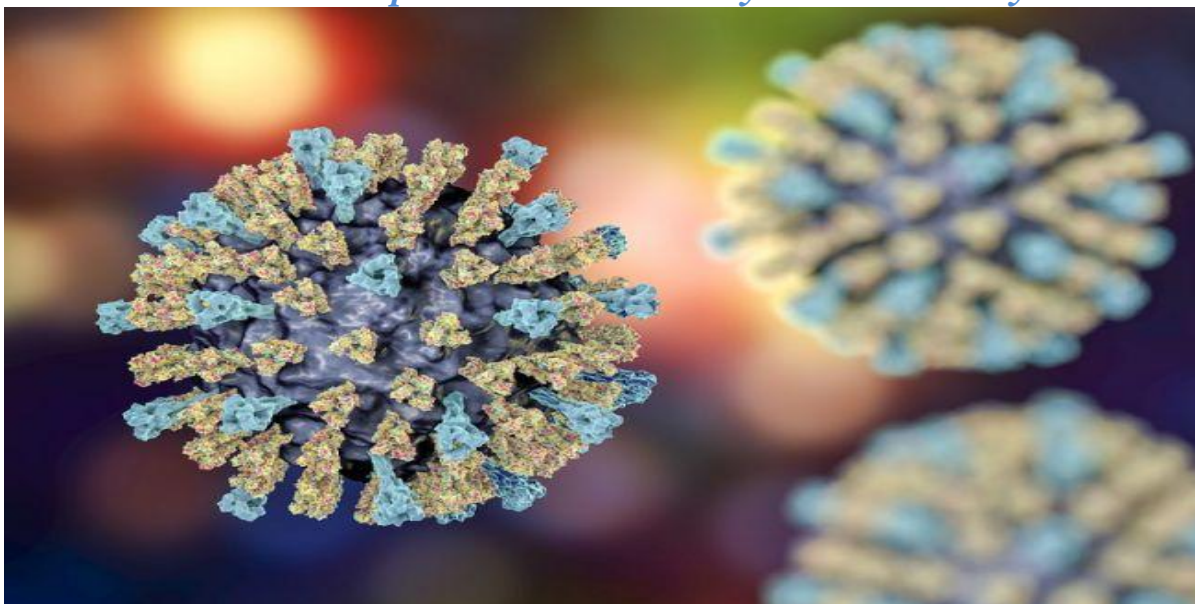
Sardar Vallabhbhai Patel

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Adyasa Bhoi & Suryajit Samal (Lib. Trainee)

Measles Wipes Your Immune System's Memory.



Two new studies detail how the measles virus causes immune amnesia.

<https://www.livescience.com/measles-wipes-immune-memory.html>

1. Adults in lower walkability neighborhoods found to have a higher predicted cardiovascular risk.

A study led by researchers from St. Michael's Hospital of Unity Health Toronto and ICES found that people living in neighbourhoods considered to be the least walkable were up to 33 per cent more likely to have a high predicted 10-year cardiovascular risk compared to individuals living in the most walkable neighbourhoods. For more details, click on the below link.

https://www.eurekalert.org/pub_releases/2019-10/smh-ail103019.php

2. HIV drug stops Zika infection, strategy could halt infections caused by related viruses.

Researchers report that a drug used in the treatment of HIV also suppresses Zika virus infection. In cell and animal models, they show that rilpivirine stops Zika virus by targeting enzymes that both HIV and Zika virus depend on for their replication. For more details, click on the below link.

<https://www.sciencedaily.com/releases/2019/10/191030132700.htm>

3. Hunger May Halt Brain Development And Boost Growth When Nutrients Reach The Cells; Finds A Study.

It's a known fact that our diet plays a major role in the development and sustenance of brain health. Healthy foods have a positive effect and unhealthy foods may bring down the functioning of the brain. For more details, click on the below link.

<https://food.ndtv.com/news/hunger-may-halt-brain-development-and-boost-growth-when-nutrients-reach-the-cells-finds-a-study-2124189>

4. Prevent depression in pregnancy to boost all mental health.

Tackling mental disorders before they arise in pregnant women and new mothers is an approach that could be scaled up online — and would aid the overall health of populations. For more details, click on the below link.

<https://www.nature.com/articles/d41586-019-03226-8>

5. Case of 'Rat Bite Fever' Reminds Us That Even Pet Rats Carry Loads of Diseases.

Here's reason No. 1,001 that you shouldn't get too cozy with rats: Even the most adorable of them are still potential disease vectors. That's the takeaway from a newly reported case of a woman who developed "rat bite fever," a potentially fatal disease, after being bitten by her pet rat. For more details, click on the below link.

<https://www.livescience.com/rat-bite-fever.html>

E- CAS (Current Awareness Service)



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