



ICMR-Regional Medical Research Centre, Bhubaneswar Library & Information Division

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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" The Best way to predict your Future is to create it."

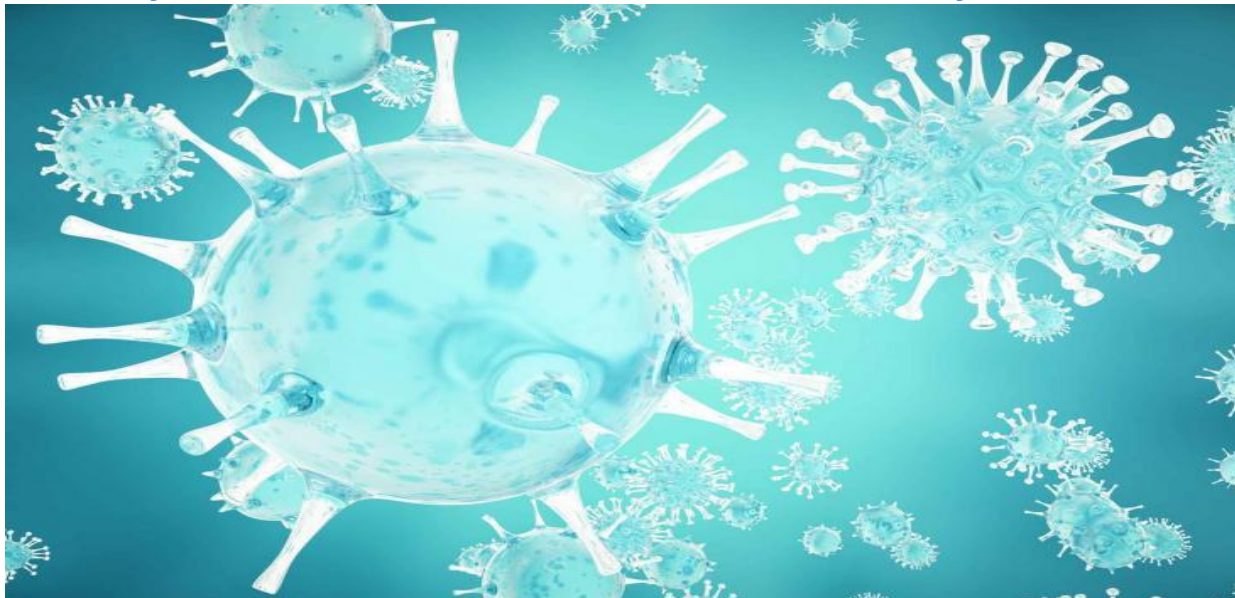
-Abraham Lincoln

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Sonali Sribastab & Shaktidhar Barik (Lib. Trainee)

Strain of common cold virus could revolutionize treatment of bladder cancer



A strain of the common cold virus has been found to potentially target, infect and destroy cancer cells in patients with bladder cancer.

https://www.eurekalert.org/pub_releases/2019-07/uos-soc070319.php

1. Researchers map crystals to advance treatments for stroke, diabetes, dementia

MitoNEET is a novel therapeutic target for metabolic-based diseases and could possibly lead to disease-modifying treatments for Alzheimer's disease and stroke. For more details, click on the below link

<https://www.sciencedaily.com/releases/2019/07/190703171851.htm>

2. 8 important things everyone must know about breast cancer

Breast cancer even after being the most common type of cancer harbours numerous misconceptions that are widely believed by everyone across the globe. Right from underwire bras to antiperspirants and deodorants, all are believed to be the cause of this disease, which is nothing more than mere tales. For more details, click on the below link

<https://timesofindia.indiatimes.com/life-style/health-fitness/health-news/8-important-things-everyone-must-know-about-breast-cancer/photostory/70054160.cms?picid=70054348>

3. Diabetes: Some antidepressants reduce death risk

Depression and diabetes are two major causes of early death — particularly when they co-occur. Researchers have found that taking certain antidepressants may reduce mortality risk. For more details, click on the below link

<https://www.medicalnewstoday.com/articles/325652.php>

4. Low Levels of 'Bad' Cholesterol May Have a Downside

Low levels of "bad" cholesterol, known as LDL cholesterol, were tied to an increased risk of hemorrhagic stroke, which occurs when a blood vessel bursts in the brain. For more details, click on the below link

<https://www.livescience.com/65865-low-bad-cholesterol-stroke-risk.html>

5. Low-Carb Diet: 5 Interesting Ways Of Adding Carrots To Your Daily Meals

Carrots are one of the healthiest vegetables among the rainbow of veggies available to us. The reddish orange vegetables are fortified with beta-carotene, which is incredibly essential for healthy eyesight. For more details, click on the below link

<https://food.ndtv.com/food-drinks/low-carb-diet-5-interesting-ways-of-adding-carrots-to-your-daily-meals-2064186>

E- CAS (Current Awareness Service)



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