



ICMR-Regional Medical Research Centre, Bhubaneswar Library & Information Division

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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"Do not confine your children to your own learning, for they were born in another time."

-Chinese proverb

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Sonali Sribastab & Shaktidhar Barik (Lib. Trainee)

Pregnant Women Who Eat More Fiber May Lower Child's Celiac Risk



Mothers who eat a high-fiber diet in pregnancy may lower the risk of celiac disease in their children.

<https://www.livescience.com/65657-pregnancy-high-fiber-diet-lowers-celiac-risk.html>

1. Autism linked to less empathy in general population - but that may not be a bad thing

Whilst autism might be associated with social difficulties, there has been debate in recent years about whether the autistic community experience difficulties in processing emotion or not and the exact form this takes. For more details, click on the below link

https://www.eurekalert.org/pub_releases/2019-06/uob-alt060519.php

2. Parkinson's: New gene therapy shows promise for prevention.

The hallmarks of Parkinson's disease and some forms of dementia include Lewy bodies, toxic aggregates that form in the brain and disrupt neural circuits. Researchers from Osaka University in Japan are now testing a new preventive therapy in a preliminary mouse study. For more details, click on the below link

<https://www.medicalnewstoday.com/articles/325407.php>

3. Almost all healthy people harbor patches of mutated cells

Skin, esophagus and lung tissues had more of these mutant patches than other tissues, the researchers found. Those three tissue types are exposed to more ultraviolet light, pollution, smoke or other environmental factors that may cause mutations than internal organs, which are not directly exposed to these external factors. For more details, click on the below link

<https://www.sciencenews.org/article/healthy-people-mutations-cancer-tissue-cells?tgt=nr>

4. Surprising enzymes found in giant ocean viruses

A new study furthers our knowledge of viruses -- in the sea and on land -- and their potential to cause life-threatening illnesses. The findings, which examine newly-identified genes carried by mysterious 'giant' viruses, could represent potential new drug targets for giant viruses linked to human diseases. For more details, click on the below link

<https://www.sciencedaily.com/releases/2019/06/190605154233.htm>

5. 5 Surprising Benefits Of Eating Papaya Seeds

The many health benefits of papaya fruit are unequivocally known to all. This nutritious fruit, which is available throughout the year, is a source of tremendous nourishment for our overall health and wellness. For more details, click on the below link

<https://food.ndtv.com/food-drinks/5-surprising-benefits-of-eating-papaya-seeds-2049167?pfrom=home-topstory>

E- CAS (Current Awareness Service)



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