

Monday Morning

RMRC, Bhubaneswar

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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“The brighter you are the more you have to learn”

– Don Herold

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Poonam Singh Deo (Lib. Trainee)

Indonesia’s pygmies didn’t descend from hobbits, DNA analysis suggests



ISLAND SHRINK Rampasasa pygmies on the Indonesian island of Flores display no DNA hints of hobbit ancestry, scientists say

<https://www.sciencenews.org/article/dna-analysis-indonesia-pygmy-did-not-descend-hobbits?tgt=nr>

1. Breastfeeding within an hour after birth is critical for saving newborn lives.

An estimated 78 million babies – or three in five – are not breastfed within the first hour of life, putting them at higher risk of death and disease and making them less likely to continue breastfeeding, say UNICEF and WHO in a new report. Most of these babies are born in low- and middle-income countries. For more details click on the below link.

<http://www.who.int/news-room/detail/31-07-2018-3-in-5-babies-not-breastfed-in-the-first-hour-of-life>

2. New UK research links even low levels of air pollution with serious changes in the heart

Researchers have found that people exposed to air pollution levels well within UK guidelines have changes in the structure of the heart, similar to those seen in the early stages of heart failure. The research was part-funded by the British Heart Foundation (BHF) and is published in the journal Circulation. For more details click on the below link

https://www.eurekalert.org/pub_releases/2018-08/bhf-nur080118.php

3. Physical activities can help reduce risk of breast, prostate and colorectal cancer risk

A healthy diet and physical activities with no alcohol consumption can help in reducing overall cancer risk besides also lowering breast, prostate and colorectal cancer risks..click on the below link

<http://www.dnaindia.com/health/report-physical-activities-can-help-reduce-risk-of-breast-prostate-and-colorectal-cancer-2643361>

4. Illegal, hazardous GM food jeopardises India's health, activists lament govt, regulators apathy

“It is no longer a case of simple negligence or apathy, but adoption of an anti-citizen policy on GM foods,” the Coalition for a GM-Free India has charged reacting to the findings of Centre for Science & Environment (CSE) on the presence of Genetically Modified (GM) foods in India even though this is illegal. The coalition has slammed the Centre for actively jeopardising the health of all Indians by allowing illegal and hazardous GM foods on such a large scale in India. For more details click on the below link.

<http://www.dnaindia.com/health/report-illegal-hazardous-gm-food-jeopardise-india-s-health-activists-laments-govt-regulators-apaty-2642387>



E- CAS (Current Awareness Service)

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