

Monday Morning

RMRC, Bhubaneswar

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

VOL 3#29

30 th July

2018

“The expert in anything was once a beginner”

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Poonam Singh Deo (Lib. Trainee)

Most Americans think it's OK to tweak a baby's genes to prevent disease



BETTERING BABIES Americans are growing more accepting of altering genes to improve babies' health, but not to make infants smarter, a new poll indicates.

<https://www.sciencenews.org/blog/science-public/most-americans-think-ok-tweak-baby-genes-prevent-disease?tgt=nr>

1. Ebola outbreak in DRC ends: WHO calls for international efforts to stop other deadly outbreaks in the country

Today marks the end of the ninth outbreak of Ebola in the Democratic Republic of the Congo (DRC). The World Health Organization (WHO) congratulates the country and all those involved in ending the outbreak, while urging them to extend this success to combatting other diseases in DRC. WHO Director-General, Dr Tedros Adhanom Ghebreyesus, and Regional Director for Africa, Dr Matshidiso Moeti, joined Minister of Health Dr Oly Ilunga for the announcement in Kinshasa. For more details click on the below link.

<http://www.who.int/news-room/detail/24-07-2018-ebola-outbreak-in-drc-ends--who-calls-for-international-efforts-to-stop-other-deadly-outbreaks-in-the-country>

2. Zebrafish interactions offer help in studying social behavior disorders

University of Oregon scientists have identified brain cells vital to how zebrafish socialize. When the neurons are disabled, their orientation to one another breaks down in ways similar to socialization problems seen in humans with autism spectrum disorders and schizophrenia. For more details click on the below link

https://www.eurekalert.org/pub_releases/2018-07/uoo-zio072518.php

3. Blood sugar spikes in healthy people could signal prediabetes risk

Healthy individuals are likely experiencing rapid blood sugar spikes, sometimes at the same severity of people with diabetes, a study at the Stanford University School of Medicine has found. The research identified that the level of sugar in an individual's blood – especially in individuals who are considered healthy – fluctuates more than traditional means of monitoring, like the one-and-done finger-prick method, would have us believe. click on the below link

<http://www.nutritioninsight.com/news/study-blood-sugar-spikes-in-healthy-people-could-signal-prediabetes-risk.html>

4. Ayurveda For Diabetes: 4 Diabetic-Friendly Recipes To Try

For diabetics, it is imperative to constantly monitor their diet and medication to keep their blood sugar levels in control. Diabetes is one of the major lifestyle diseases, which is affecting millions of people in the country today. It is a condition when the hormone called insulin, produced by the pancreas, is unable to break down glucose into energy, which results in the increase of blood sugar level in the body. For more details click on the below link.

<https://food.ndtv.com/food-drinks/ayurveda-for-diabetes-4-diabetic-friendly-recipes-to-try-1889609>



E- CAS (Current Awareness Service)

Monday Morning team

Library & Information Division

ICMR-Regional Medical Research Centre

Bhubaneswar- 751023, ODISHA ,

E- Mail: drbsahoo@gmail.com, Tel: 9438182087