

**Monday Morning**

# **RMRC, Bhubaneswar**

## **(Laxmi Narayan Memorial Library)**

### **Weekly Current Awareness Service**

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*“Live as if you have were to die tomorrow, Learn as if you were to live forever”*

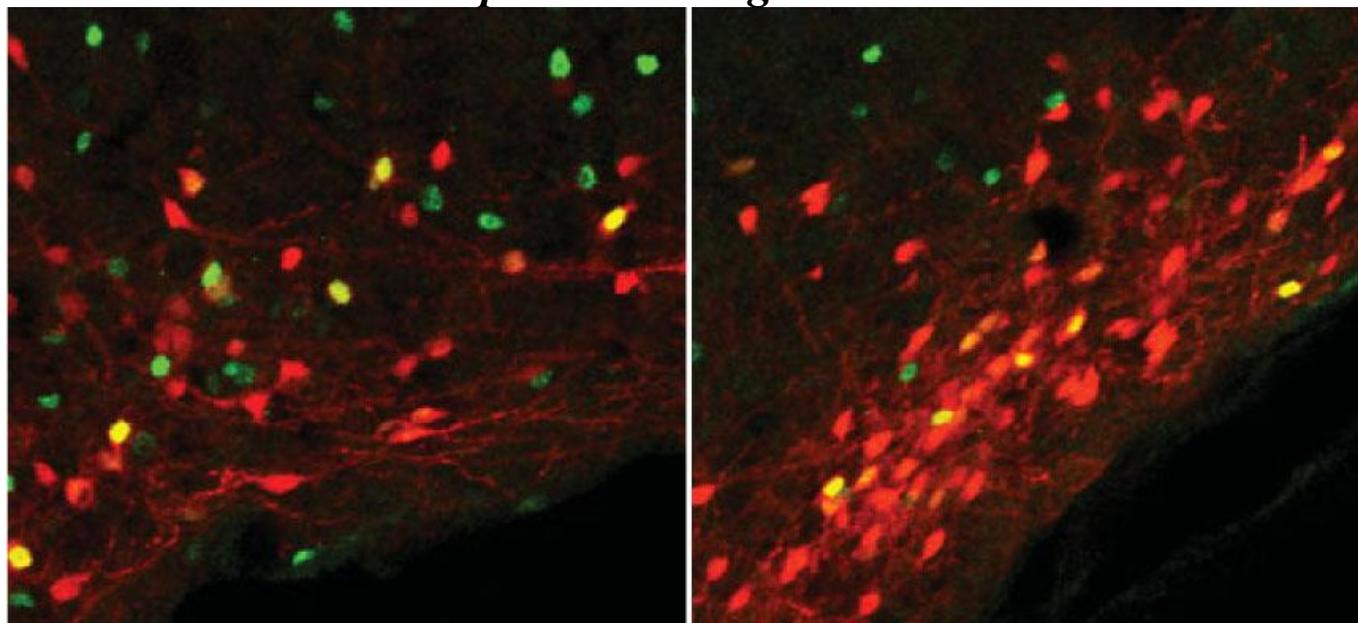
*— Mahatma Gandhi*

#### **About Monday Morning**

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21<sup>st</sup> Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

**Dr. Banamber Sahoo, Lib & Inf. Officer**  
Poonam Singh Deo (Lib. Trainee)

#### *Nerve cells that help control hunger have been ID'd in mice*



**Certain nerve cells in a mysterious brain region in mice become active when the mice are hungry (yellow spots at left) and when the hunger hormone ghrelin is present (yellow spots at right), microscope images**

<https://www.sciencenews.org/article/nerve-cells-help-control-hunger-have-been-identified-mice?tgt=nr>

## 1. Low quality healthcare is increasing the burden of illness and health costs globally

Poor quality health services are holding back progress on improving health in countries at all income levels, according to a new joint report by the OECD, World Health Organization and the World Bank. Today, inaccurate diagnosis, medication errors, inappropriate or unnecessary treatment, inadequate or unsafe clinical facilities or practices, or providers who lack adequate training and expertise prevail in all countries. For more details click on the below link.

<http://www.who.int/news-room/detail/05-07-2018-low-quality-healthcare-is-increasing-the-burden-of-illness-and-health-costs-globally>

## 2. WHO study shows drug could save thousands of women's lives

A new formulation of a drug to prevent excessive bleeding following childbirth could save thousands of women's lives in low- and lower-middle-income countries, according to a study led by the World Health Organization (WHO) in collaboration with MSD for Mothers and Ferring Pharmaceuticals. For more details click on the below link

<http://www.who.int/news-room/detail/27-06-2018-who-study-shows-drug-could-save-thousands-of-women%E2%80%99s-lives>

## 3. Monsoon Health Tips: Ways To Maintain A Healthy Gut This Rainy Season

Rainy season does not only bring in some respite from the sweltering heat, but also brings along the risk of weakened digestion, allergies and food-borne diseases. The urge to binge on fried snacks from outside can become a nightmare during this time. Adding to this, the humidity levels take a toll on overall health. click on the below link

<https://food.ndtv.com/health/monsoon-health-tips-ways-to-maintain-a-healthy-gut-this-rainy-season-1877903>

## 4. Nature's antifreeze inspires revolutionary bacteria cryopreservation technique

The survival mechanisms of polar fish have led scientists at the University of Warwick to develop of a revolutionary approach to 'freeze' bacteria. The new technique could radically improve the work to store and transport human tissue. Researchers from the Department of Chemistry and Warwick Medical School have established a way to cryopreserve (or 'freeze') a broad range of bacteria using synthetic reproductions of the natural antifreeze proteins found in polar organisms. For more details click on the below link.

[https://www.eurekalert.org/pub\\_releases/2018-07/uow-nai070618.php](https://www.eurekalert.org/pub_releases/2018-07/uow-nai070618.php)



## E- CAS (Current Awareness Service)

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