

Monday Morning

RMRC, Bhubaneswar

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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“Man needs his difficulties because they are necessary to enjoy success.”

-A P J Abdul Kalam

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Sonali Sribastab & Shaktidhar Barik (Lib. Trainee)

Shingles: Causes, Symptoms and Treatment



Shingles is a viral disease that causes uncomfortable rashes.

<https://www.livescience.com/64221-shingles.html>

1. New cancer immunotherapy approach turns immune cells into tiny anti-tumor drug factories

Cancer immunotherapy -- efforts to better arm a patient's own immune system to attack tumors -- has shown great potential for treating some cancers. Yet immunotherapy doesn't work for everyone, and some types of treatment can cause serious side effects. For more details click on the below link

https://www.eurekalert.org/pub_releases/2018-12/uoc--nci120418.php

2. A Woman's Odd Symptoms After Chiropractic 'Neck Manipulation' Revealed a Brain Cyst.

The woman's symptoms began right after she had "cervical spine manipulation," a common chiropractic procedure to treat neck and back pain. Brain imaging revealed she had a large cyst that had likely been there for decades. Above, images of the brain cyst before (left) and after (right) surgical treatment. For more details click on the below link

<https://www.livescience.com/64204-woman-neck-manipulation-brain-cyst.html>

3. Health benefits far outweigh the costs of meeting climate change goals

Meeting the goals of the Paris Agreement could save about a million lives a year worldwide by 2050 through reductions in air pollution alone. The latest estimates from leading experts also indicate that the value of health gains from climate action would be approximately double the cost of mitigation policies at global level, and the benefit-to-cost ratio is even higher in countries such as China and India. For more details click on the below link

<http://www.who.int/news-room/detail/05-12-2018-health-benefits-far-outweigh-the-costs-of-meeting-climate-change-goals>

4. Machine learning helps to hunt down the cause of a paralysing illness

Infectious-disease researchers hunting for the cause of a mysterious illness that is paralyzing children are combining machine learning with a new gene-sequencing technique to pin down the culprit. For more details click on the below link

<https://www.nature.com/articles/d41586-018-07631-3>

5. Alcohol Consumption Can Help Type 2 Diabetics Lose Weight In The Long Run

If you suffer from diabetes or know of someone suffering from it, you know by now how hard it is to digest the fact that you won't be allowed to eat the things that you may love so much including foods such as sweets and carbs. Well, here's a little bonus every diabetic patient will enjoy. For more details click on the below link

<https://www.indiatimes.com/health/healthyliving/did-you-know-that-alcohol-consumption-can-help-type-2-diabetics-lose-weight-in-the-long-run-357915.html>



E- CAS (Current Awareness Service)

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