

Monday Morning

RMRC, Bhubaneswar

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

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“Ultimately, the number of books always exceeds the space they are granted.”

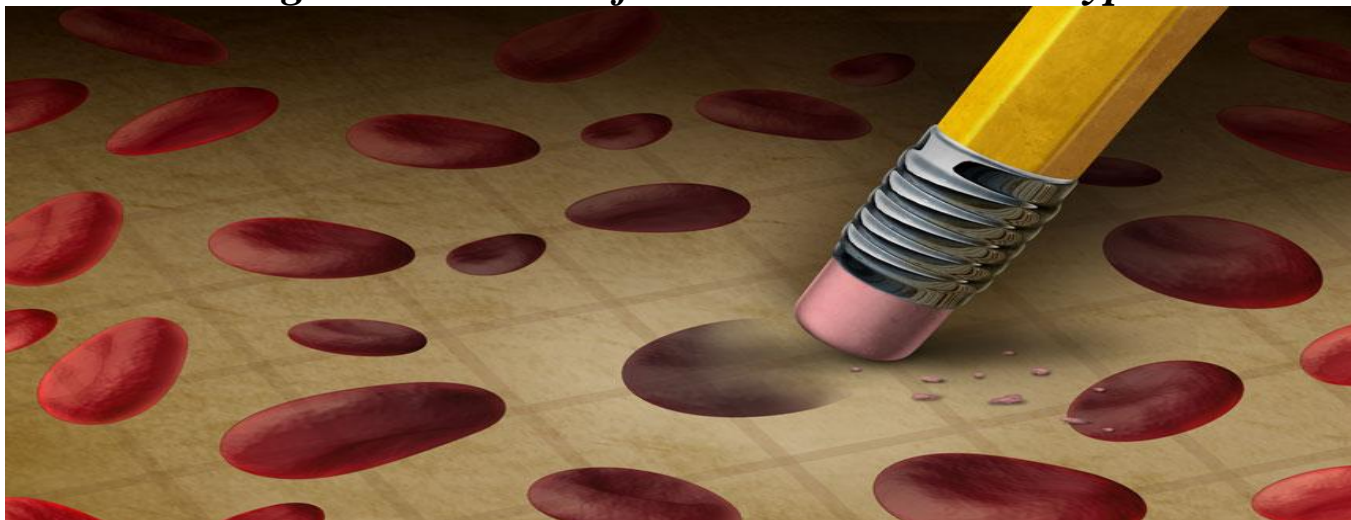
— Alberto

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

Dr. Banamber Sahoo, Lib & Inf. Officer
Poonam Singh Deo & Hemanti Mahali (Lib. Trainee)

New CRISPR gene editors can fix RNA and DNA one typo at a time



New gene-editing tools can correct typos that account for about half of disease-causing genetic spelling errors.

<https://www.sciencenews.org/article/new-crispr-gene-editors-can-fix-rna-and-dna-one-typo-time>

1. Daydreaming is good: It means you're smart

A new study suggests that daydreaming during meetings isn't necessarily a bad thing. It might be a sign that you're really smart and creative. People with efficient brains may have too much brain capacity to stop their minds from wandering. For more details click on the below link

<https://www.sciencedaily.com/releases/2017/10/171024112803.htm>

2. The Human Brain Project Reboots: A Search Engine for the Brain Is in Sight

Neuroscientists hope that by combining and exploring data gathered with this and other new instruments they'll be able to answer fundamental questions about the brain. The quest is one of the final frontiers—and one of the greatest challenges—in science. Imagine being able to explore the brain the way you explore a website. For more details click on the below link

<https://spectrum.ieee.org/computing/hardware/the-human-brain-project-reboots-a-search-engine-for-the-brain-is-in-sight>

3. Low-fat diet increases early death risk, study claims

People who adopt a low-fat diet could be putting themselves at greater risk of premature death, a new study has warned. The diets of some 135,000 adults were analysed for the study, which found that people who consumed a greater variety of foods, including high-fat products like butter and cheese, tended to live for longer than those who cut all fat from their diets. For more details click on the below link

http://www.mediplacements.com/article-801839501-low_fat_diet_increases_early.html

4. Fly hunter has described 30 new species

Chironomids are also called non-biting midges or lake flies. Xiaolong Lin is a PhD candidate at the Norwegian University of Science and Technology's (NTNU) University Museum in Trondheim. He devotes almost all his time to investigating these flies. For more details click on the below link

https://www.eurekalert.org/pub_releases/2017-10/nuos-fhh101917.php

5. Mental health in the workplace

During our adult lives, a large proportion of our time is spent at work. Our experience in the workplace is one of the factors determining our overall wellbeing. Employers and managers who put in place workplace initiatives to promote mental health and to support employees who have mental disorders see gains not only in the health of their employees but also in their productivity at work. For more details click on the below link

http://www.who.int/mental_health/world-mental-health-day/2017/en/



E- CAS (Current Awareness Service)

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