

RMRC, Bhubaneswar

(Laxmi Narayan Memorial Library)

Weekly Current Awareness Service

Vol.1 # 2

28th November

2016

“I declare after all there is no enjoyment like reading! How much sooner one tires of anything than of a book! -- When I have a house of my own, I shall be miserable if I have not an excellent library.”

– Jane Austen, *Pride and Prejudice*

About Monday Morning

Monday morning is a weekly E- CAS (Electronic Current Awareness Service) of RMRC Library, Bhubaneswar which carries one Biomedical & health science news item and some useful current medical research links so that the scientists can access the articles. This E- Bulletin starts its journey from 21st Nov. 2016. In this maiden attempt we cordially invite your inputs and suggestions to improve in future.

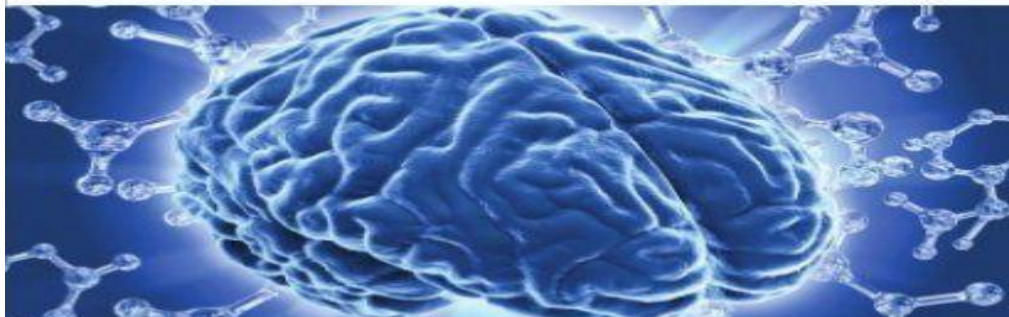
Dr. Banamber Sahoo, Lib & Inf. Officer
Satyajit Nayak & Twinkle Rout (Lib. Trainee)

FACT OF
THE
MATTER

Change frequency of brain to keep chronic pain away

SIMPLE YET EFFECTIVE

Scientists have shown for the first time that ‘tuning-in’ the brain to a particular frequency can alleviate chronic pain, paving way for a simple and safe therapy to treat the condition. Chronic pain — which lasts for more than six months — is a real problem for many people, with 20-50 per cent of the general population estimated to suffer from it. Chronic pain is often a mixture of recurrent acute pains and chronic persistent pain. Unfortunately there are very few treatments available that are completely safe, particularly in the elderly.



<http://epaper.newindianexpress.com/c/14924868>

- 1. Tissue damage is key for cell reprogramming.**
https://www.eurekalert.org/pub_releases/2016-11/cndi-tdi112316.php
- 2. First steps to neutralizing Zika.**
https://www.eurekalert.org/pub_releases/2016-11/dms-fst112316.php
- 3. Study suggests that parental health behaviors may influence children's sleep.**
https://www.eurekalert.org/pub_releases/2016-11/aaos-sst112316.php
- 4. Increased Prevalence of Chronic Diseases to Boost the Global Microarray Market Through 2020, Says Technavio.**
<http://www.businesswire.com/news/home/20161125005015/en/Increased-Prevalence-Chronic-Diseases-Boost-Global-Microarray>
- 5. Research highlights Americans' vulnerability to infectious diseases.**
<http://edition.cnn.com/2016/11/22/health/us-infectious-disease-vulnerability/>
- 6. Just a small cut in saturated fats 'reduces heart disease risk'**
<http://www.nhs.uk/news/2016/11November/Pages/Just-a-small-cut-in-saturated-fats-reduces-heart-disease-risk.aspx>
- 7. Kyrgyzstan receives WHO certification of malaria elimination.**
<http://www.who.int/malaria/news/2016/kyrgyzstan-certified-malaria-free/en>
- 8. Protein found in hookworm 'soup' could fight asthma, other autoimmune diseases.**
<http://www.sciencemag.org/news/2016/10/protein-found-hookworm-soup-could-fight-asthma-other-autoimmune-diseases>

E- CAS (Current Awareness Service)

Monday Morning team

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